# Information about Grading Test, Sabaki Camp

The following rules are applicable, if you want to be tested for black belt at the NIKO SABAKI camp held in Denmark.

6 months before the actual test, you must send a DVD or upload a video to a homepage that you control consisting of the following parts:

* Basic Kihon program
* Ido Kihon. Consisting of different kicks and punches.
* Kata (see the following list; please ask Kancho or Shihan Kim if you are in doubt about which kata you have to perform on the video)
* 2 or 3 defense Sabaki against attackers
* 2 or 3 fights with different attackers.

If you are not cleared you will be asked to send another video 3 months before the actual test were your performing must have approved.

If you are cleared by Kancho or Shihan you can take the test in Denmark. If not do this then you have to wait until the next test is announced. The process then starts all over again.

## Kata’s

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| **Actual grade** | **Kata** |
| 3 Kyu | Kumite 3 Jissen 1 |
| 2 Kyu | Nage 4 Kumite 4 Jissen 1 |
| 1 Kyu | Nage 4 Kumite 4 Jissen 1 |
| 1 Dan | Nage 4 (should be closely checked) Kumite 5 Jissen 2 |
| From 2 Dan and higher grades | Nage 4 Kumite 5 Jissen 2 |

## Grading fees

Brown and black belt grading test fee : 70 EURO per member. Test fee should be paid cash at the summer camp before the grading test.

The test fee is apart from belt fee, which you have to send in case you pass the grading test.